

Product Catalog of Professional Global Trainings & Services





About the Safe & Together Institute

Our Vision

Our vision is to achieve a paradigm shift in the way domestic abuse is approached by systems.

Our Mission

To create, nurture and sustain a global network of domestic abuse-informed professionals, communities and systems.

Our Core Values

- Be curious
- Listen
- Collaborate
- Think holistically
- Innovate

Our Promise

We help professionals and organizations transform their response to domestic -abuse practice through innovative training, tools and technology that unify systems in support of safe, stable families.

What We Offer

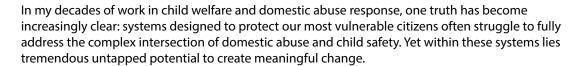
- Practice Toolkits
 - Perpetrator Pattern Web-Based Mapping Tool
 - STIM Protocol
 - Choose to Change
 - Ally Guide
- Tools for Systems Change
- Training and Certification
- Organizational and Systems Assessment
- Evaluation Services
- LMS-ready Training
- Subscription Services and Bulk Pricing
- Virtual, in-person and live remote global events
- Free resources
 - Blogs
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 - Whitepapers
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 - Articles

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Founder's Statement

David Mandel





At the Safe & Together Institute, we envision a paradigm shift in how systems approach domestic abuse. Our mission is to create, nurture, and sustain a global network of domestic abuse-informed professionals, communities, and systems. We're working toward a world where child welfare systems become powerful allies to those affected by domestic abuse—where the first message to a survivor is "We want to help you and your children be safer and healthier. Tell us what we can do to help."

The Safe & Together Model represents a transformative approach that recognizes a fundamental truth: children are often best served when we can keep them safe and together with the adult domestic abuse survivor. Our framework provides practical tools and strategies that help professionals:

For Frontline Workers:

- Build confidence in engaging with both survivors and perpetrators
- Develop practical, evidence-based assessment skills
- Create more effective case documentation
- Navigate complex cases with multiple intersecting factors

For Supervisors and Managers:

- Support team members in implementing domestic abuse-informed practices
- Improve cross-agency collaboration and communication
- Enhance staff retention through better support and skill development
- Drive sustainable practice change across teams

For Agency Leaders:

- Transform system-wide responses to domestic abuse cases
- Improve outcomes for families while managing resources effectively
- Build stronger interagency partnerships
- Create measurable, sustainable change in organizational culture

Our approach is unique in its holistic consideration of how domestic abuse intersects with substance abuse, mental health, and various social determinants of health. We recognize how factors like race, class, gender, and sexual orientation impact vulnerability and power dynamics. Importantly, we advocate for higher expectations of men as parents while giving mothers full credit for their protective efforts.

This catalog represents our commitment to providing the tools and resources needed for supporting Domestic Abuse Informed Practice and true systems change. Whether you're a frontline practitioner, supervisor, or agency leader, you'll find offerings designed to support your journey toward becoming more domestic abuse-informed.

Real transformation takes time, dedication, and the right tools. We're here to support you every step of the way as we work together toward safer, more effective responses to domestic abuse.

Together for change,

David Mandel, MA, LPC Executive Director Safe & Together Institute

ABOUT OUR TRAININGS & PRODUCTS

Safe & Together Institute serves professionals, communities, and systems responding to domestic abuse where children are involved, who are seeking a whole-of-family response that improves outcomes for adult and child survivors, and addresses perpetrators as parents.

We are a global social impact organization dedicated to domestic abuse-informed systems change with a suite of products and services, based on an innovative framework, the Safe & Together Model, for transforming individual and systems practice, policy and culture. We do this so that individual practitioners, agencies, communities can be more informed, capable, confident and inspired to provide a safer, more efficient, more ethical and more effective response to families impacted by domestic abuse perpetrator behaviors.

The Safe & Together Institute...

- Has a globally field-tested, evidence-based approach to transforming domestic abuse practice and systems
- Has a regional presence through its local staff and network of trained professionals and agencies
- Has variety of methods of promoting sustainable change through training, online learning, certification, tools and other forms of education.
- Has a deep commitment to the health and well-being of the practitioner, better outcomes for families and the importance of place-based work

Safe & Together Institute offers multiple levels of progressive training centered around domestic abuse-informed practice with the goal of informing organizational and systems change. The training courses are focused on skills development that will improve individuals' professional practice. However, the goal for our training is always to inform organizational and systems change toward more domestic abuse-informed communities.

For more information about anything we offer and for implementation support, please contact your Regional Manager.



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FOUNDATIONAL COURSES

Developed in conjunction with Kempe Innovative Design, a leader in online learning for child welfare audiences, Safe & Together Institute E-Courses bring the Safe & Together™ Model to you anytime, anywhere. Using reality-based scenarios and interactive practice activities, e-courses are designed to be "standalone" or as part of a wider implementation of domestic abuseinformed systems change.



Safe & Together: An Introduction to the Model

The Safe and Together™ Model is an internationally recognized suite of tools and interventions designed to help child- and family-serving systems become domestic abuse-informed. Continuously refined based on years of experience implementing the Model, the Model helps improve competencies and cross-system collaboration related to the intersection of domestic abuse and child maltreatment.



<u>Safe & Together Model: 1-Day Overview Training</u>

This one-day training provides participants with an introduction to, and overview of, the Safe & Together™ Model. The presentation provides participants with information about creating a domestic abuse-informed child welfare system, the principles and components of the Safe & Together Model and information about the framework behind competencybuilding in child welfare around domestic abuse.



Safe & Together Model: 4-Day CORE Training

This training is designed to provide a skills-oriented foundation for domestic abuse-informed practice. While the training is designed to increase knowledge, the goal is changing professional behavior.



<u>Safe & Together Model: 2-Day for Supervisors</u> <u>& Managers</u>

This is a 2-day for supervisors and managers is designed to build upon prior training on Safe & Together™ Model CORE concepts and to provide a skills-oriented foundation to domestic abuse-informed supervisory practice. While the training is designed to increase knowledge, the goal is to change professional behavior. Prerequisite: Supervisors and Managers must have completed the 4-DAY CORE training prior to attending the 2-Day Supervisor Training



Training Key















Partnering with Survivors

Partnering with adult survivors around the safety and well being of their children is a central focus of domestic abuse-informed practice. Domestic abuse survivors and helping professionals share the common goals for the abuse to stop and for the children to thrive. In this course, we describe a step by step process for partnering with adult survivors when children are involved. This method is useful for a wide variety of professionals and can even inform the work of attorneys, evaluators and others who are involved in assessments of families. This training builds upon prior Safe & Together Model CORE training concepts.





Multiple Pathways to Harm: A Comprehensive Assessment Framework

This course provides an introduction to the Safe & Together Model's "Multiple Pathways to Harm" assessment and critical thinking framework. In this course you will learn about how to apply comprehensive assessment lens to the impact of domestic abuse perpetrator behaviors on child and family functioning. You will learn about how this approach helps you have high standards for men as parents, better engage men from diverse backgrounds and partner with adult survivors. You will also learn that despite perpetrators' harmful actions adult survivors are often working very hard to promote their children's safety and well being.



<u>Uncovering Coercive Control: A multimedia tool for professionals who work with survivors</u>

The Uncovering Coercive Control Toolkit equips you with a new tools to partner with survivors while they uncover this complicated and often hidden form of abuse. The toolkit empowers professionals to better expose the nuanced aspects of coercive control that may show up in survivors' lives and begin planning for a safer, healthier future.

Together Principles and Critical Components, Multiple Pathways

to Harm, and Worker Safety.









Working with Men as Parents: Fathers' Parenting Choices Matter

Working with men requires being able to understand male parental development and how men's choices and behaviors impacts child and family functioning. It involves understanding how to use this information to engage men and to development meaningful child and family focused interventions. It also involves being able to integrate these understandings into our work with women and children. In this course we will be considering all these items from the perspective of domestic abuse-informed policy and practice, diverse communities and different disciplines.



<u>Intersections: When Domestic Abuse Perpetration, Substance Abuse, and Mental Health Meet</u>



Many families impacted by domestic abuse perpetrators' behaviors have multiple, complex, intersecting issues. In the past, we might have referred to these as co-occurring issues. Using an intersections framework, versus a co-occurrence framework, we increase perpetrator accountability, improve our ability to assess the family, and our ability to partner with adult survivors. This course will provide guidance in how to understand the connections, or intersections, and make them work for us in our practice.



Worker Safety and Domestic Abuse in Child Welfare Systems

This training is designed to help you think critically about how the child welfare system can support workers' safety, the connects between workers' safety and effective practice with families and how to create an agency environment that promotes open dialogue about worker safety concerns and strategies for overcoming them.





WHAT IS A PARTNER AGENCY?

When great forces come together, great change is possible. We are proud to partner with many agencies leading the way in domestic abuse-informed practice, high quality training and supporting the dissemination of the Model. Becoming a Partner Agency involves a plan around whole-system change including organizational evaluation services, training and more.

Certified Trainers are one way an agency can enhance their own staff capacity and/or the capacity of their community to respond to domestic abuse cases involving children. The Trainer Certification Program consists of two interlocking elements:

- The Partner Agency relationship
- Certification and credentialing processes of individual trainers to deliver Safe & Together™ Model curricula with fidelity



Safe & Together Model Trainer Certification Program

The Safe & Together™ Model Trainer Certification Program is a robust suite of tools designed to enhance the capacity of agencies. The program is designed to augment system change or within the context of a wider relationship of services with the Safe & Together Institute such as our evaluation and assessment services.

CONFERENCES

Each year we travel the globe bringing conference attendees the latest in research, best practices, systems change and training. We rely on local practitioners who have implemented Safe & Together™ Model to enrich the conversation, connect the material to the local context, and expand on lessons learned.



Coercive Control & Children - A Safe & Together Conference in Asia Pacific Centered in Melbourne, Australia the Asia Pacific Conference brings together practitioners from Australia, New Zealand, Singapore and more.



Coercive Control & Children - A Safe & Together Conference in Europe Used by practitioners, agencies and communities across the globe, the Model has been adopted in the United Kingdom by local authorities, the Ministry of Defence and non-governmental agencies.



Coercive Control & Children - A Safe & Together Conference in North America Our longest-running conference, the North American event brings experts from multiple fields to present various aspects of domestic violence research, impact and intersections.

See all events.

BUNDLED COURSES

<u>Foundational Course Bundle: Introduction to the Model, Multiple Pathways to Harm,</u>
<u>Intersections, Working With Men As Parents, Partnering with Survivors and Worker Safety</u>

With 6 in-depth courses, this bundle provides a comprehensive introduction to the Safe & Together Model and teaches skills that can be applied and practiced across all systems touching on domestic violence and child well-being.

The 4-Day Core Bundle

This interactive bundle brings the four days of CORE classroom learning to an online format. This comprehensive, self-paced course is designed to provide a skills-oriented foundation for domestic violence-informed practice. Learn to use practice tools that can be implemented right away to improve assessment of risk, impact on children, survivor protective efforts and essential case decisions.

The Supervisors & Managers Training Bundle

CORE Training explores the importance of:

- Identifying the impact of domestic violence on children and family functioning.
- Fact-based assessment of the perpetrators' behavior patterns.
- · Partnering with adult survivors of domestic violence.
- Intervening with perpetrators.
- How domestic violence intersects with other issues like substance abuse and mental health.



SUBSCRIPTION SERVICES & BULK PURCHASES

Safe & Together Institute is proud to launch its innovative, cost saving, subscription & bulk license program for trainings & tools. The subscription & bulk license plans are geared to individuals and agencies who want on-demand single or multi-user access to our high-quality domestic abuse informed education material and our practice tools. Safe & Together Institute is committed to providing affordable, quality resources, trainings and tools to create domestic abuse informed practice & systems change.

Available Discounts

Self-Paced Foundational Course Discounts 10% off 25-100 Learners 20% off 101-200 Learners 25% off +201 Learners 30% off +300 Learners (and load our Foundational courses to your LMS) Practice Tool Discounts 12% off 2-10 Learners 25% off 11-200 Learners 43% off 201-500 Learners 60% off +501 Learners Virtual Event Discounts 10% off 10-20 staff or community partners 20% off +21 staff or community partners Buy 5 get the 6th free

RESOURCES FOR YOUNG PEOPLE



The Last Drop is a revolutionary 40-minute film that shines a spotlight on the lesser-known forms of relationship abuse, like psychological abuse, digital abuse, and gaslighting. With this resource, you can educate your community on the lesser-known forms of abuse— and, more importantly— how to protect themselves before their relationships turn violent.

1 year Access: The subscription & bulk license plans are geared to individuals and agencies who want ondemand single or multi-user access to our high-quality domestic abuse-informed education material and our practice tools.

PRACTICE TOOLS

Web-Based Perpetrator Pattern Mapping Tool: Forever, Annual or Monthly Access

The web-based Perpetrator Pattern Mapping Tool is a virtual practice tool for improving assessment, intervention, and outcomes through a perpetrator pattern-based approach. The tool allows practitioners to apply the Model's critical concepts and principles to their current caseload in real-time.

The tool helps identify the primary perpetrator and their pattern of coercive control, assesses the harm to children and documents protective parenting efforts. This behavioral and fact-based tool helps to avoid gender bias and supports impartiality. It specifically addresses key issues like intersections, lateral violence, and patterns beyond the family itself, including the perpetrator's manipulation of systems and, can help contextualize and evaluate concerns about "contact resistance and refusal." The tool includes a place for workers to consider the implications for their practice and next steps.

The tool includes two parts:

- 1. A brief orientation to domestic abuse-informed practice and a perpetrator pattern-based approach; the uses for the tool; and preparation for using the tool.
- 2. The virtual tool which serves as a self-guiding case processing space useful for individual, supervisory, or group work around real cases. This tool includes: manageable steps with specific guidance, tips, links to additional resources, and self-guided "check your work" sections to ensure successful completion of the tool. In addition, the tool provides guidance for reflection on implications for planning and decision-making. The tool results in a printable Mapping Tool useful for documentation, report writing, and case planning.



RECORDED WEBINARS

So Has He Changed? Defining & Expecting Behavior Change as a Measure of Success

"So, Has He Changed?" is a question asked commonly by domestic abuse survivors, courts, child welfare, perpetrator intervention programs, evaluators and other professionals. But how can we meaningfully answer it? In this 1-hour webinar, David Mandel outlines steps to keep the attention of systems on perpetrators' real behavior change and the importance of including the voices of survivors.

Choose to Change: A Campaign Focused on Men Who Choose Abuse

Join David Mandel, Executive Director and Founder of the Safe and Together Institute as he presents the 'Choose to Change: Your Behavior, Your Choice' Campaign Materials. During a time when communities are exploring how to offer more community-based resources to prevent domestic abuse, these free resources are aimed at men who choose abuse, professionals who work with them and their family and friends. \

Helping the Helpers: Introducing a Guide for Friends and Family

Survivors often choose to seek the help and support of family and friends before calling the police or engaging services. In this webinar, David Mandel and Ruth Stearns Mandel introduce a new guide designed to support allies.

Interventions with Men Who Choose Abuse

Survivors often choose to seek the help and support of family and friends before calling the police or engaging services. In this webinar, David Mandel and Ruth Stearns Mandel introduce a new guide designed to support allies.

Remote Engagement and Assessment in Child Welfare Domestic Abuse Cases

This training is designed to introduce the basics of using Zoom for hosting virtual meetings and provides tips and tricks for case consultation with international child protection agencies.

<u>Safe & Together and Caring Dads: Shared Values and Practice</u>

Developed in a university partnership, Caring Dads is a group intervention program for men who have abused, neglected, or exposed their children to domestic abuse. Developed in Canada, it is global in its reach and is delivered all over the world. Caring Dads is often implemented by systems that are implementing the Safe & Together Model.

Structured Decision Making & Domestic Abuse

This webinar explores how to manage domestic abuse-related safety and risk using the shared lens of Safe & Together and the National Council on Crime and Delinquency's Structured Decision Making Tools (SDM).

What Faith Leaders Need to Know About Domestic Abuse

David Mandel and Ruth Stearns Mandel of the Safe & Together Institute speak on how faith leaders can best be allies to those living with domestic abuse, coercive control, and child abuse. This is done by partnering with victims and survivors and holding those who choose to abuse accountable for their behaviors and how those behaviors harm their families.



Exploring the Principles, Components and Applications of the Safe & Together Model

In this four part webinar series David Mandel, Executive Director and Founder of the Safe & Together Institute, outlines key aspects of the Safe & Together Model and shares tools to help you become more domestic abuse-informed in your systems and practice. Whether you have undertaken training in the Model or are new to the Model, these webinars are opportunities to learn, ask questions and receive concrete feedback. Each webinar series video is about 90 minutes long.

Responding to the Intersections of Domestic Abuse, Substance Use, and Mental Health Issues

Unlock your potential and gain deeper insight into The Safe & Together Model with our transformative 30-minute online learning interactions. In this course, we explore the complex relationships between domestic abuse, substance use, and mental health issues.

Working With Perpetrators Who Struggle With Mental Health or Substance Use

In this popular webinar, learn strategies for maintaining a focus on the behaviors of the perpetrator who is in recovery or treatment.

Quick Takes Series

In this free webinar series, Safe & Together experts lead short webinars of 20-30 minutes, focusing on engaging topics related to the Safe & Together Model and Tools.

<u>The Last Drop — A Sci-Fi Film About Relationship Abuse with Adam Joel</u>

Join writer/director Adam Joel as he discusses his experience as a survivor and his revolutionary 40-minute film, The Last Drop. This film shines a spotlight on the lesser-known forms of relationship abuse, like psychological abuse, digital abuse, and gaslighting. The Safe & Together Institute has partnered with Adam Joel to create a unique resource for those who work with young adults. With this resource, you can educate your community and teach them how to protect themselves before their relationships turn violent.

Perpetrator Pattern Mapping Tool: An Introduction to the Online Version

For years, practitioners have been depending on the Safe & Together Institute Perpetrator Pattern Mapping Tool to change practice and change lives of adult and child domestic abuse survivors. In the past, access to the tool required attendance in our CORE training. No longer. After a two-year development process, the Safe & Together Institute is proud to announce the launch of a web-based version of the tool that is immediately accessible online to any practitioner. Agencies can also gain bulk access for their staff. This webinar through the tool, provides an overview of its features, and describes how it can be used to create better outcomes for families impacted by domestic abuse perpetrator behavior. Participants who attend this live-remote webinar will receive one month of free tool demo access.





E-COURSE COMPANIONS



Companion documents serve as a supplemental resource to our online courses. This companion is designed to be used either individually following the completion of the e-learning course or used as a guide to aid a group discussion to support what individual learners have engaged in during their completion of the course. This companion is not intended to replace content within the course, but rather to add depth, context, and encourage critical thinking that will support individuals applying the course content to their day-to-day practice.

Companion documents can be personalized to your agency with the following three components:

- Bridging content to support reflection on how the e-learning content relates to a current practice model or approach used locally.
- Localization material to bring the e-learning content to the local context in order to support better application of the skills and knowledge gained from the course.
- Application material focuses on specific functions and roles of different professional disciplines. This is about applying the e-learning content to discipline specific skills.

EVALUATION SERVICES



It's important we continually validate our model — gathering information from training participants, implementation and hands-on experience in communities around the world. The Safe & Together Institute partners with Michigan State University (MSU) Research Consortium on Gender-Based Violence for data collection and analysis. The MSU evaluation unit helps S&TI evaluate our work in different locations to determine its effectiveness for systems and families.

Our research is organized into "levels," using the Kirkpatrick Model, encompassing reaction, learning, behavior and results. Project specific evaluation services are available as part of any contract.

Level 1, participants are questioned about increased confidence, practice skills learned and hopes for changing practice.

Level II, participants are measured both on their pre-existing knowledge related to the Safe & Together™ Model and domestic abuse-informed practice then upon completion of the CORE Training, of their acquired knowledge.

Level III surveys participants at regular intervals regarding how well they were able to transfer their knowledge into practice, to implementation of the Model and to address barriers.

ORGANIZATIONAL & SYSTEMS ASSESSMENT

The Safe & Together Institute has developed tools and processes to help child welfare agencies and communities assess their own progress toward becoming domestic abuse-informed - in conjunction with each other or separately.

- Case Reading Process
- Domestic Abuse-Informed Organizational Self-Assessment
- Data Review and Consultation
- Policy and Protocol Review and Consultation



Asssessments All child welfare systems fall on the Continuum of Domestic Abuse Practice (CODVP) from "domestic abuse destructive" to "domestic abuse proficient." The purpose of this assessment process is to help child welfare agencies assess where they fall on the CODVP. Using a series of questions focused on both policy and day-to-day practice, the proces covers a number of areas including universal screening, high standards for fathers, survivors' protective efforts, services, data collection and more. The assessment provides child welfare agencies with baseline information about their organization's domestic abuse proficiency, and can lead to recommendations that inform organizational needs, planning and implementation around training, practice guidelines, policies, protocols, and supervisory practices.



Data Review and Consultation

Many child welfare agencies have devoted very little time to understanding how domestic abuse is measured on their caseload and how the presence of domestic abuse in families intersects with important outcomes like outof-home removal and repeat maltreatment rates. Systems rarely have an accurate picture of the relationship of domestic abuse to other key initiatives such as differential response or trauma. As part of an organizational assessment (or separately), the Safe & Together Institute provides a data review, which includes investigating where the presence of domestic abuse is currently captured in the system; definitions of domestic abuse used to capture those data points; and how the current data picture is tied to priority agency outcome measures. Safe & Together then offers recommendations for domestic abuse data collection and improved reporting for a clearer picture of the role domestic abuse plays in agency decision-making and outcomes.



Policy and Protocol Review and Consultation

Similar to the data review, many child welfare agencies have not systematically reviewed their policy and protocols from a domestic abuse-informed perspective. The Safe & Together Institute reviews policies and protocols in order to assess how consistent they are with a perpetrator-pattern, child-centered, survivor strength-based approach. A final report summarizes strengths, gaps and recommendations for change.















